



## *It Is What It Is*

Universal agreements to experience joy,  
freedom, and a sense of purpose.

Joy, freedom, and a sense of purpose are among the universal agreement treasures explored in *It is What It Is*. Author Amber Rojas outlines all thirteen universal agreements and how to recognize them in this newly released one hundred page book produced by Innervoice Publications.

The agreements which include vitality, reciprocation free will, and divine timing, are all designed to activate a basic sense of “Oneness” from which all else comes, said Rojas, a speaker, coach, and mother who learned first hand how specific spiritual agreements could turn her life around.

“Life is what you choose to make it,” explained the 30-year-old whose teenage experiences included gang related activities, sexual abuse, and a near death experience.

Easy to read, *It Is What It Is* highlights the lessons Rojas learned and how they led her to a simple understanding of agreements she said we all make with the universe before we are born.

As stated in the book’s foreword written by Robert Holden, PhD, author of *Be Happy*, “Your purpose is not something you search after; it is a choice you have already made. To find your purpose, therefore, all you have to do is listen to the quiet wisdom of your heart. Keep listening. Take notes. Act accordingly.”

The book gently guides readers to discover their own agreements and for that Rojas is a hero, according to Lynn Serafinn, host of Blogtalk Radio’s Garden of the Soul program. “My definition of a hero is one who hears the “call” of their own life and answers it. From so many angles, she is a true hero of her own life.”

For more information about *It Is What It Is* (\$9.95), visit [www.InnerVoicePublications.com](http://www.InnerVoicePublications.com) or [www.royalamberrojas.com](http://www.royalamberrojas.com).

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